

We Can Help You!

There are many ways you can reach out to us:



07305182075
07305154719



info@theveratrust.co.uk

If it is safe for you to do so, follow our socials:



The Vera Trust C.I.C



@theveratrust

<http://www.theveratrust.co.uk/make-a-referral>

“Because of domestic
abuse I lived every day
of lockdown in fear.”

Teen Victim



@theveratrust

#becauseofdomesticabuse


The Vera Trust c.i.c

VICTIMS EMPOWERED, RESILIENT & AWARE



TMEVERATRUST

Scan using your camera to send us a message & for information about our services

Needing some emotional support?

A brand new, FREE service in Thetford is now open; holistically supporting previous and current adult & child victims of domestic abuse.



THEVERATRUST



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Scan using your camera to send us a message & for information about our services



Useful information and numbers for parents/carers of previous/current Domestic Abuse.

The Vera Trust C.I.C (Thetford)
www.theveratrust.co.uk

07305154719
07305182075
info@theveratrust.co.uk

Emergency Contact

24hr National Domestic Abuse Helpline	0808 2000 247
Refuge (24hr)	0808 2000 247
Victim Support Helpline	0808 168 9111
FCO Forced Marriage Unit	020 7008 0151

If in immediate danger always call the police, and always dial 999 if it is an emergency and to press 55 if you can't talk (only on mobile phones). To help trace the location.