



## Mini early June 2024 Newsletter

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## Norfolk & Waveney Autism/ADHD Support Service June 2024 Newsletter



### Family Action's Norfolk and Waveney Autism/ADHD Support Service June 2024 newsletter

As parents we sometimes underestimate how much our children are learning from us all the time. With our behaviours we are modelling for our children every day how to speak to others, how to accept a gift, how to manage our stress, how to keep ourselves clean and look after our teeth and a thousand other things. Your child is learning so many good things from you and neither you nor they are consciously aware of it most of the time. But we are all human, we have good days and bad days. There will be many days for all of us

when actually we model behaviours which we don't particularly want our children to copy. We get cross, we raise our voices, we may not be good at sharing our feelings, we might slam a door occasionally or go into a huff. In fact even when we ourselves behave badly, we can turn it into an opportunity to teach our child or young person a useful skill. Taking the time to apologise for your behaviour, explaining why you were upset and talking about what you could have done better in that situation, can be time well spent. You can help your child to understand that everyone has difficult feelings at times, that communicating about what happened can be useful and that we are capable of managing things differently the next time. This approach, of course, has to be adapted for the age and stage of development of your child. This month we are going to be thinking about beginning to teach your child some practical every day skills for independence, for better social interaction or for emotional regulation.

Our service has a vacancy for a Family Support Worker to join our committed and successful team. Click [here](#) for the newsletter.



## Norwich Schools and Community Team PEEP Transition Groups 2024



You and your child are invited to join our PEEP Transition sessions that have been developed to help prepare you and your child for the exciting time ahead – starting Primary school in September!

### Where and When?

**Early Childhood & Family Service base – Hunter Road, Norwich, NR3 3PY**

10<sup>th</sup>/17<sup>th</sup>/24<sup>th</sup> June (10:30-11:30am)  
1<sup>st</sup>/8<sup>th</sup> & 15<sup>th</sup> July (2:00-3:00pm)



**St Elizabeth's Crossroads – Cadge Road, Norwich, NR5 8DG**

14<sup>th</sup>/21<sup>st</sup>/28<sup>th</sup> June (10:30-11:30am)

**Earlham Library – Colman Road, Eaton, NR4 7HG**

3<sup>rd</sup>/10<sup>th</sup>/17<sup>th</sup> July (10:30-11:30am)

**St. Alban's – Grove Walk, Norwich, NR1 2QF**

4<sup>th</sup>/11<sup>th</sup>/18<sup>th</sup> July (10:30-11:30am)

**Waterloo Park – Angel Road Pavilion, Waterloo Park, Eaton, NR3 3HX**

18<sup>th</sup>/25<sup>th</sup> June & 2<sup>nd</sup> July (1:00-2:00pm)

Early Years transition support provided by the Schools and Community Teams for children with SEND or emerging needs moving on from their Early Years setting into reception classes at school.

**You are invited to attend 3 sessions, completely free of charge. If you are interested, please express your interest via the QR code below or text: 07860 041627**



**Supporting children with Special Educational  
Needs and Disabilities (SEND)**



## Is your child starting primary school in September?

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Text: 07860 041627

Supporting children with Special Educational Needs and Disabilities (SEND)

[For details of PEEP click here](#)



## Parents' /Carers' Expectations Versus Reality of the Transition from Mainstream Primary School to Special Secondary School

- Are you a parent/carer of a child with Special Educational Needs (SEN)?
- Is your child in Year 7 or 8 at a state special school?
- Did your child attend a state mainstream primary school?

Please consider taking part in a dissertation project exploring why parents and carers choose special schools for secondary school and the realities of attending special schools.

### About the Research

This research is part of a postgraduate dissertation project. The researcher, Sarah Magill, is a student on the Masters of Psychology of Education course at the University of Manchester.

### What will the research entail?

One interview lasting 35-45 mins

The interview can take place at time that is convenient to you. The interview will take place on Zoom. All data will be anonymised.

**If you are interested in taking part or for more information, please contact Sarah Magill**  
**[sarah.magill@postgrad.manchester.ac.uk](mailto:sarah.magill@postgrad.manchester.ac.uk)**



Ethics Reference: 19459

## Parents' /carers' expectations versus reality of the transition from mainstream primary school to special secondary school

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The University of Manchester



## DO YOU SEE ME?

### Learning Disability Week 2024 Event

Monday 17 June 2024, 9am-3pm

The Place, 23 New Conduit Street, Kings Lynn Town Centre.

All welcome to attend.

#### Celebrate Learning Disability Week 2024 by coming along to our event:

- Learn more about the support available
- Help to bust myths around learning disabilities
- Vote in our picture competition
- Take home some freebies!

Health and social care staff from a variety of areas will also be at the event:

- Speech and Language Therapy
- Occupational Therapy
- Learning Disability Nurses
- Psychology
- Primary Care Nurses
- Learning and Disability

As well as staff from Forward Day Centre and The Workshop.



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To find out more about Learning Disability week click here



There are so many ways you can get in touch with Family Voice Norfolk...

- You can contact our **Membership Secretary Kate** on **07950 302937** or at [membership@familyvoice.org.uk](mailto:membership@familyvoice.org.uk)
- Or write to us at Family Voice Norfolk, c/o Ayton House, 11 Ayton Rd, Wymondham NR18 0QQ
- Or message us via:
  - 🌐 [www.familyvoice.org.uk](http://www.familyvoice.org.uk)
  - 📌 [FamilyVoiceNorfolk](https://www.facebook.com/FamilyVoiceNorfolk)
  - 📞 [familyvoicenfuk](https://www.whatsapp.com/channel/0029va881859573913208488)
- Or join our Family Voice Members Chat Room on Facebook [here](#)

Family Voice Norfolk Ayton House 11 Ayton Road Wymondham Norfolk NR18 0QQ

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