

The logo for Purple Mash, featuring the word "purple" in a light purple font and "mash" in a white font, both on a black rectangular background with a torn-edge effect.

**purple
mash**

Computing Scheme of Work - EYFS

Personal, Social and Emotional Development

ELG: Self-Regulation

Personal, Social and Emotional Development



Early Learning

Goal:

Self-Regulation

Children at the expected level of development will:

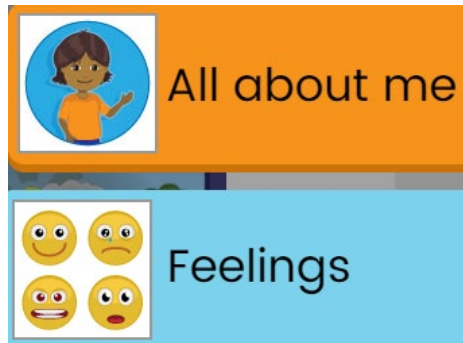
Show an understanding of their own feelings and those of others and begin to regulate their behaviour accordingly.

Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate.

Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.

Resources

Topic Pins
(Mini Mash)



Lesson ideas

Use the topic PINS on Mini Mash:

[All About Me](#)

[Feelings](#)

Lesson Ideas :-

- Allow children access to the resources, including slideshows, jigsaws and paint projects on the topic of feelings.
- Children can discuss the different feelings that they experience, what can make them feel like that as well as any physical responses they might have with that feeling.

Paint Projects

[Myself](#) (Found within 'People' paint projects)

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Lesson Ideas :-

- The variety of paint projects could be used to aid discussion on themselves, their emotions and how they are feeling in a specific situation.
- Ask children to paint how they are feeling, and then try to explain their feeling. Ask children to draw how they might be feeling if they were given a present, or if someone took a toy from them etc.

Use the search tool on Purple Mash to search for resources to support the topics Feelings and about me.

- Use the resources as an opportunity to talk to the children all about themselves.
- How are people different how are people the same.
- Talk about the things that make us happy.
- Not everyone likes the same things and things that make one person happy might make another person sad.
- We are all different and that's what makes us all very special.
- We need to understand when someone is sad and if we can try to help them feel happy again.

There are several resources which will support these topics, including slideshows of images showing children's faces expressing different feelings, faces to paint to show different feelings and other resources to talk about and include in your topic resource pack.

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